Start of Week Reflection

Week commencing ....

What's happening this week:

New things I'd like to try this week:

Things to remember this week:

The secret of life, though, is to fall seven times and to get up eight times.

Paulo Coelho

End of Week Reflection

What happened this week:

What feelings have you experienced:

What went well this week:

"Something in me knows where I am going."

Jackson Pollock