

Start of Week Reflection

week commencing

what's happening this week:

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new things I'd like
to try this week:

things to remember
this week:

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The secret of life, though, is to fall seven
times and to get up eight times.

Paulo Coelho

End of Week Reflection

what happened this week:

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what feelings have you experienced:

what went well this week:

“ Something in me knows where I am going. ”

Jackson Pollock